

Ocak/January

Menü/Menu



Tarih	Kahvaltı/Breakfast	09:00:00	Öğle Yemeği/Lunch	12:00:00	Atıştırmalık/Snack	15:30:00
30.12.2018	AÇIK BÜFE, TOST, BİTKİ ÇAYI / OPEN BUFFET, TOAST, HERBAL TEA		KURUFASULYE, PİLAV, TURŞU/ HARRICOT BEAN, RICE, PICKLE		TATİL!/HOLIDAY!	
2.1.2019	AÇIK BÜFE, HAŞLANMIŞ YUMURTA, SÜT/OPEN BUFFET, BOILED EGG, MILK		TARHANA Ç., SEBZELİ KIŞ, YOĞURT/TARHANA SOUP, KIŞ WITH VEGETABLE, YOGURT		TAHİN PEKMEZLİ EKMEK/ MOLASSES WITH TAHİNİ ON BREAD	
3.1.2019	AÇIK BÜFE, OMLET, BİTKİ ÇAYI/OPEN BUFFET, OMELET, HERBAL TEA		YAYLA Ç., HİNDİ KÖFTESİ, FIRIN PATATES/YOĞURT- SOUP, TURKEY BURGER, BAKED POTATO		GRANOLA/MEYVE	
4.1.2019	AÇIK BÜFE, YUMURTALI EKMEK, SÜT/OPEN BUFFET, EGGY BREAD, MILK		EZOĞELİN Ç., İSPANAK, KUSKUS/EZOĞELİN SOUP, SPINACH, KUSKUS		TAHİN PEKMEZLİ EKMEK/ MOLASSES WITH TAHİNİ ON BREAD	
7.1.2019	AÇIK BÜFE, TOST, BİTKİ ÇAYI/ OPEN BUFFET, TOAST, HERBAL TEA		KURUFASULYE, PİLAV, TURŞU/ HARRICOT BEAN, RICE, PICKLE		YULAFLI MUZLU PANCAKE/ OAST BANANA PANCAKE	
8.1.2019	AÇIK BÜFE, KREP, SÜT/ OPEN BUFFET, PANCAKES, MILK		SEBZE Ç., HİNDİ ETLİ MAKARNA, SALATA/ MINESTRONE, PASTA WITH TURKEY, SALAD		GRANOLA/MEYVE	
9.1.2019	AÇIK BÜFE, HAŞLANMIŞ YUMURTA, SÜT/OPEN BUFFET, BOILED EGG, MILK		YAYLA Ç., KEREVİZ MÜCVER, KUSKUS/ YOGURT-SOUP, CELERY, HASH BROWNS, KUSKUS		TAHİN PEKMEZLİ EKMEK/ MOLASSES WITH TAHİNİ ON BREAD	
10.1.2019	AÇIK BÜFE, OMLET, BİTKİ ÇAYI/OPEN BUFFET, OMELET, HERBAL TEA		HİNDİ KÖFTE, BULGUR PİLAVI, YOĞURT/ TURKEY BURGER, BULGUR PILAF		GRANOLA/MEYVE	
11.1.2019	AÇIK BÜFE, YUMURTALI EKMEK, SÜT/OPEN BUFFET, EGGY BREAD, MILK		TARHANA Ç., FIRINDA PEYNİRLİ KARNABAHAAR, HAVUÇ TARATOR/TARHANA SOUP, BAKED CHEESE COULIFLOWER, CARROT TARATOR		TAHİN PEKMEZLİ EKMEK/ MOLASSES WITH TAHİNİ ON BREAD	
14.1.2019	AÇIK BÜFE, TOST, BİTKİ ÇAYI/ OPEN BUFFET, TOAST, HERBAL TEA		SEBZE Ç., NOHUTLU PİLAV, YOĞURT/MINESTRONE, CHICK PEA RICE, YOGURT		YULAFLI MUZLU PANCAKE/ OAST BANANA PANCAKE	
15.1.2019	AÇIK BÜFE, KREP, SÜT/ OPEN BUFFET, PANCAKES, MILK		MERCİMEK Ç., BEŞAMEL SOSLU BROKOLİ, BULGUR PİLAVI/ LENTIL SOUP, BROCCOLI WITH BECHAMEL SAUCE, BULGUR PILAF		GRANOLA/MEYVE	
16.1.2019	AÇIK BÜFE, HAŞLANMIŞ YUMURTA, SÜT/OPEN BUFFET, BOILED EGG, MILK		HİNDİ ROSTO, PATATES SALATASI, CACIK/ ROAST TURKEY, POTATO SALAD, CUCUMBER- YOGURT		TAHİN PEKMEZLİ EKMEK/ MOLASSES WITH TAHİNİ ON BREAD	
17.1.2019	AÇIK BÜFE, OMLET, BİTKİ ÇAYI/OPEN BUFFET, OMELET, HERBAL TEA		TARHANA Ç., PLASKA, YOĞURT/ TARHANA SOUP, PLASKA, YOGURT		GRANOLA/MEYVE	
18.1.2019	AÇIK BÜFE, YUMURTALI EKMEK, SÜT/OPEN BUFFET, EGGY BREAD, MILK		İSPANAK KÖFTE, HİNDİ ETLİ MAKARNA, AYRAN/ SPINACH MEATBALL, PASTA WITH TUREY, AYRAN		TAHİN PEKMEZLİ EKMEK/ MOLASSES WITH TAHİNİ ON BREAD	

NOTLAR/NOTES:

OPEN BUFFET:

MONDAY: Yeşil zeytin, tereyağ, bal/Green olive, butter, honey

TUESDAY: Beyaz Peynir, siyah zeytin, tahıllı ekme, ceviz/Cheese, black olive, multi-grain bread, walnut

WEDNESDAY: Peynir, reçel, siyah zeytin/Cheese, jam, black olive

THURSDAY: Beyaz Peynir, siyah zeytin, tahin pekmezli ekme/ Cheese, black olive, bread with pekmez & tahini

CUMA: Peynir, yeşil zeytin, reçelli ekme/ Cheese, green olive, black olive, bread with jam

